



Koperattiva Rurali Manikata Ltd. organises an educational rural heritage trail for students in the Manikata area. The trail includes:

- A visit to a small farm where students can see and learn about animals and are allowed to feed sheep, from behind a fence.
- A walk through country lanes and cultivated fields, where students can see first hand, how vegetables and fruit are grown.
- Information about trees and local flora.
- Passing through an area with natural caves, a 'girna' and an old farmstead, dating back to the Knights of St. John. This is currently being restored.
- A visit to a beach post where soldiers kept watch over the surrounding area, during World War II.
- See two tombs from the Roman era, one of which served as a war shelter and as an apiary. 'Qliel' have now been placed inside the tomb to show how bees were kept up to a few years ago.
- All students will sow some seeds in a pot to take home with them.
- Students will be given 'ħobż biż-żejt', water and fruit.

Visitors may be able to buy typical local home-made products produced by members of the Cooperative, including jams, honey, carob syrup, pickled onions, olives and sundried tomatoes.

The price of this outing is €3.50 per student.

For more information, you can log on to our website

[www.manikatafarmers.com](http://www.manikatafarmers.com).

For bookings, please contact Veronica Farrugia, the programme animator, on telephone numbers 21581592/79393881 or by email at

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